



FAQ for caregivers to children and pupils in our schools and preschools

My child has a slight symptom of a cold, shall he/she stay at home?

Yes, everyone with a symptom, even minor ones, are required to avoid social contacts which can risk spreading of the infection according to Folkhälsomyndigheten. Healthy children are advised to go to preschool and school. Sick children shall stay at home if the guardians so decide.

Which precautions are our schools and preschools taking to avoid spreading of the infection of the Corona virus?

Our schools are taking precautions in general to avoid spreading of the infection, since there will also be other viruses in circulation.

One given precaution against respiratory infections are to avoid touching your face or eyes and stay away from close contact to sick people.

Wash your hands often with soap and warm water before meals, handling of food and after visiting the toilet. Alco gel can be one alternative when washing hands is not an option. By coughing and sneezing in your elbow or in a napkin, infection will minimize from spreading and from contaminating hands.

In preschool must every child wash their hands when they arrive at the school.

Larger events and travels will be cancelled.

Why doesn't preschools and schools close down?

We follow Folkhälsomyndighetens recommendations and they see no reason, for now being, from diseases perspective, that healthy children should stay at home. We do follow ups on the current development and do continuous judgement of the spreading of the virus.

My child has been in a contaminated area but have no symptoms. Shall the child stay at home from school?

Children and pupils who have visited a contaminated area can be in preschool and school as long as they are healthy. But one must be aware of symptoms, even minor ones, for example coryza, coughing, a sore throat and fever. When symptoms, the child must stay at home until he or she is healthy again.

My child has been in a contaminated area and have slight symptoms of a cold. Shall the child stay at home?

If your child has been in a contaminated area or been in contact with someone who has, and show symptoms, shall he or she stay at home according to Folkhälsomyndigheten. You must therefore keep your child at home when showing of symptoms of a cold, for example coryza coughing, sore throat and fever, until the child is healthy again. The child should stay at home for two symptom-free days.

Which areas are contaminated?

Please go to Folkhälsomyndigheten and their website for further information.

Which countries and regions do Swedish Foreign Office tell us to avoid?

Please go to Folkhälsomyndigheten and their website for further information.

We have confirmed infection in our family. Shall my child stay at home?

When confirmed infection in the family will special advice from the infection clinic inform your family. A decision of quarantine for family members will be taken by medical officer. Principal must be contacted.

My child is sensitive to infections. Several pupils in the class are coughing and sneezing. I'm worried.

Please contact your doctor for advice. The doctor knows your child and can do a correct judgement of the situation.

I want my child to stay at home from preschool. Can he or she be at home?

Yes, she/he can stay at home.

I want my child to be home from primary school. Can I let her or him to be at home?

If your child is healthy and are attending primary school is it compulsory to attend and it is important that the child do go to school and participate in the education. Otherwise the child might get invalid absence.

We follow Folkhälsomyndighetens recommendations, which means that from diseases perspective there is no reason for now to keep healthy pupils at home from school.



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I want my teenager to stay at home from upper secondary school. May he or she do so?

If your teenager is healthy and attend upper secondary school, he or she are expected to attend the education.

When suspicion of infection of the Corona virus, will you close the schools?

It is not relevant to close any school for now, but we work with precautions. We follow Folkhälsomyndighetens recommendations which means that there is no scientific evidence of closing school for healthy children or closing schools to prevent spreading of infection in the society. We do follow ups on the current development and do continuous judgement of the spreading of the virus.

What about care of a child (VAB) when suspicion of contamination?

Rules according care of children (VAB) will be found at Försäkringskassans website.

What about the education at the Music school?

Regarding the education at the music school, are they the same as for the other schools. Healthy children are welcome to participate in the education, but sick children should stay at home.

You can also find more information at Skolverket and their website, regarding contamination of the Corona Virus.